



Menu Week 4

Monday

Breakfast
Cracker variety with
Fresh fruit & Milk

Lunch
Rotli, with urad shak & boiled
rice
Fresh fruit

Tea
Cheese and tomato sandwiches
with salad
Fresh fruit variety

Tuesday

Breakfast
Cracker variety with
Fresh fruit & Milk

Lunch
Homemade pizza muffins
made by the children
Fromage frais yoghurts

Tea
Cous cous with vegetables
Fresh fruit variety

Wednesday

Breakfast
Cracker variety with
Fresh fruit & Milk

Lunch
rotli with kadhi & kichri
Fresh fruit variety

Tea
Noodles and vegetables
Fresh fruit variety

Thursday

Breakfast
Cracker variety with
Fresh fruit & Milk

Lunch
Vegetable pasta bake
with cheese
Vanilla ice cream

Tea
Hummus dip with salad sticks
and pitta bread fingers
Fresh fruit variety

Friday

Breakfast
Cracker variety with
Fresh fruit & Milk

Lunch
Rotli with sweet potato shak
Fresh fruit

Tea
Beans on toast
Fresh fruit variety

