



Menu Week 2

Monday

Breakfast
Cracker variety with
Fresh fruit & Milk

Lunch
Rotli, with black eye bean
shak
Sweet semolina

Tea
Vegetable cous cous
Fresh fruit variety

Tuesday

Breakfast
Cracker variety with
Fresh fruit & Milk

Lunch
Jacket potatoes and beans
Fruit yoghurt

Tea
Vegetable pasta salad
Fresh fruit variety

Wednesday

Breakfast
Cracker variety with
Fresh fruit & Milk

Lunch
Rotli with khadi & kichri
Fresh fruit

Tea
Crumpets and soft cheese and
salad
Fresh fruit variety

Thursday

Breakfast
Cracker variety with
Fresh fruit & Milk

Lunch
Cannelloini filled with spinach,
vegetables and tomato
Chocolate mousse

Tea
Cheese and tomato sandwiches
Fresh fruit variety

Friday

Breakfast
Cracker variety with
Fresh fruit & Milk

Lunch
Rotli with mixed daal
Fresh fruit

Tea
Potato puwa
Fresh fruit variety