



S.K.S. SWAMINARAYAN TEMPLE (LONDON) – BAL YUVAK MANDAL

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Knowledge

This is a guide for group leaders. The questions in bold are going to be asked by the host to everyone, everything else is to be used to help you guide the discussion.

What is Faith?

Guidelines for group leaders:

Discuss why some people were able to fall back on the partners and others weren't? what stopped those who couldn't do it?

All of the things people mention will have to do with no knowing if the other person was going to catch them or whether they would be able to. These all show that they didn't have faith in the other person.

What does faith mean to you and your group?

The Oxford English Dictionary defines faith simply as:

“complete trust or confidence in someone or something”

Aside from religious things, what things do you have faith in?

Most can be split in to two broad categories examples of each are:

Natural	Man Made
The Sun rising	Breaks in your car
Plants growing	Plane staying in the air
Fuel burning	Water out of your tap

Why do you have faith in these things?

- Repeated proof: it happens again and again and can be predicted, therefore you trust it
- You've been told by someone you trust
- You've read it in something you consider authoritative (that you trust)
- Simply you trust it!



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What does having this faith allow you to do?

Discuss things like:

- Having faith in things allows you to make judgements and decisions.
Having faith that the sun will rise is the basis of every clock on the planet, it defines your age, how long you spend at school or work and lots more. None of this would be possible if there wasn't firm faith in the fact that the Sun rises and sets everyday.

Having faith in the breaks in your car allows you to pick a point when you press them and know you will stop, without that faith you probably wouldn't even get in the car.

Why, then is it important to have faith in religion, scriptures, Swami etc...?

- Its tried and tested over many, many years (repeated proof)
- Some of the scriptures were written by God Himself or Saints (trusted persons)
- Your told by parents, Swami, Elders (authoritative persons)
- Helps you make judgements and decisions based because of the above

All of the things you have faith in fundamentally exist because of God, without faith in Him then how can you truly have faith in anything else?