



## S.K.S. SWAMINARAYAN TEMPLE (LONDON) – BAL YUVAK MANDAL

Westfield Lane, Kenton, Harrow, Middlesex, HA3 9EA Est. 1966 Charity Reg. No. 271034

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### Swabhavik Chesta Explanation Pad 5 - 6

#### **PAD 5**

**Sambhal sajni re, divya swarup murari,**

**Kare charitra re, manushya vighra dhari** 1

Listen my friends; the one we see amongst us is none other than the supreme almighty Lord Himself. He has assumed a human form so that we can see Him and He does human activities so we can understand them, but He is always the divine form that exists in Akshardhaam.

**Thaya manohar re, mohan manushya jeva;**

**Rup anupam re, nij jan ne sukh deva** 2

He who controls the minds of all humans has mercifully taken the form of a human being. His beauty cannot be described as He cannot be compared to earthly objects. The sole purpose of His coming is to give happiness to His devotees.

**Kyarek dholiye re, bese Shri Ghanshyam;**

**Kyarek bese re, chakde puran kam** 3

At times Lord Ghanshyam would sit on a cushioned bedstead. At other times the fulfiller of all our desires would sit on a wooden bedstead.

**Kyarek godadu re, ochhade sahite;**

**Patharyu hoy re, te par bese prite** 4

At times the devotees would have spread a blanket covered by a sheet on a bed and Maharaj would sit on that in the assembly.

**Kyarek dholiya re, upar takiyo bhadi;**

**Te par bese re, shyam palanthi vadi** 5

At other times if He sees a large sized cushion He would pull it on His bedstead and would sit in cross-legged mode on the cushion.

**Ghanuk bese re, takiye othingan dai ne;**

**Kyarek gothan re, bandhe khes lai ne** 6

Sometimes He would rest sideways on the cushion and sit for a long while. He would also at times remove His upper shawl and tie it around His folded knees.

**Kyarek raji re, thay atishey ali;**

**Sant hari jan ne re, bhete bath ma ghali** 7



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When He becomes extremely impressed for any reason, He would embrace the saints or devotees pressing them very close to His chest.

**Kyarek maathe re, lai mele be hath;**

**Chhaati maanhi re, charan kamal de nath 8**

He would also shower His blessings by way of placing both His hands on the head of the saints or devotees, or at times by placing His lotus feet on the chest of the devotees who are lying down on their backs and facing upwards.

**Kyarek ape re, har tora Girdhari;**

**Kyarek ape re, anga na vastra utari 9**

He would display His feelings for the saints and devotees by giving them the sanctified garlands He has worn. He would even go to the extent of removing and giving away the ornaments and clothes He has worn at the time.

**Kyarek ape re, prasadi na thal;**

**Premanand kahe re, bhakt tana prati pal 10**

The Lord, the carer of all the devotees, would also give them sanctified offerings which the saints or other devotees would have earlier offered to Him.

### **PAD 6**

**Eva kare re, charitra pavan kari;**

**Shuk ji sarkha re, gave nit sambhari 1**

These are a few examples of the blissful acts that Shreeji Maharaj performs on a daily basis. Great sages such as Shukdevji Maharaj take pride in ever singing praise and remembering such routine acts.

**Kyarek jibh ne re, dant tade dabave;**

**Dabe jamne re, padkhe sahaj swabhave 2**

He would sometimes press His red tongue between white teeth and would occasionally move it in His mouth from left side to the right.

**Chhink jyare ave re, tyare rumal lai ne;**

**Chhink khaye re, mukh par ado dai ne 3**

When He is about to sneeze, He would take a handkerchief, and sneeze with His nose and mouth well covered as an example of etiquette.



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**Ramuj ani re, hase ati Ghanshyam;**

**Mukh par ado re, rumal dai sukh dham 4**

Ghanshyam Maharaj, the ocean of all happiness, would also cover His mouth with a handkerchief when He laughs during a humorous occasion.

**Kyarek vatu re, karta thaka Dev;**

**Chhede rumal ne re, vad devaani tev 5**

At times when the Lord is conversing with someone or addressing the assembly in general, He would habitually take a handkerchief and twist its ends.

**Ati dayalu re, swabhav chhe swami no;**

**Par dukh hari re, vari bahu nami no 6**

Our Lord has a very merciful character. He empathises with others and does all to help and take away their misery.

**Koi ne dukhiyo re, dekhi na khamay;**

**Daya ani re, ati akda thay 7**

When He sees someone in any sort of pain or misery, He cannot stand the sight any longer. He would hasten to ensure He helps that person immediately.

**Anna dhan vastra re, api ne dukh tade;**

**Karuna drashti re, dekhi vanaj vade 8**

He would provide them with food, wealth and clothing to relieve them out of their misery. He would pour His merciful glaze on them and eliminate all sorts of dangers from their lives.

**Dabe khabhe re, khes adsode nakhi;**

**Chale jamna re, kar ma rumal rakhi 9**

When walking He would place a scarf over His left shoulder. He would walk waving a handkerchief in His right hand.

**Kyarek dabo re, kar ked upar meli;**

**Chale vahlo re, Premanand no heli 10**

The saviour would walk majestically, placing the left hand on His left waist.