



S.K.S. SWAMINARAYAN TEMPLE (LONDON) – BAL YUVAK MANDAL

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TASK: READ THROUGH THE VACHANAMRUT AND GO THROUGH THE DISCUSSION POINTS IN YOUR GROUP. ALSO FILL OUT THE PROFIT AND LOSS SHEET ATTACHED HIGHLIGHTING WHAT GOOD THINGS(PROFIT) YOU ARE DOING AND WHAT THINGS YOU WOULD LIKE TO IMPROVE ON(LOSS)

Gadhadã I – 38

In the Samvat year 1876, on the evening of Mahã sud 1 [16th January, 1820], Shreeji Mahãrãj was sitting on a small mattress which had been placed on the veranda outside the stables in Dãdã Khãchar's darbãr in Gadhadã. He was wearing a white khes and had tied a white, red-bordered feto around His head. He was also wearing a richly embroidered angarkhu and had covered Himself with a white chofãl. A sabhã of sãdhus, as well as haribhaktas from various places, had gathered before Him.

After glancing at all the haribhaktas, Shreeji Mahãrãj thought for some time and then said, "Please listen, as I have something to say."

He then continued, "From the time a satsangi enters the satsang, he should examine his mind by thinking 'In the first year, my mind was like this, then it was like this. Previously, I had this much desire for Bhagvãn and this much desire for the world'. In this way, he should repeatedly reflect on his yearly total of desires and always attempt to gradually, yet constantly eradicate all worldly desires that remain in the mind. However, if he does not assess himself constantly, and allows those desires to accumulate, then they will never be overcome. Consider the analogy of opening an account with a merchant: If a person settles the debts regularly on a monthly basis, then it will not be difficult to repay the debt. But, if he waits until the end of the year to repay the debt, it will be extremely difficult to settle the account. Likewise, a person should assess himself constantly.

Discussion

What methods can you use to determine whether or not you have increased or decreased your satsang?

What goals would you set yourself for this year and the next few years?

What good new things would you like to start and what would you like to stop?

Have a look at the profit and loss sheet on the next page and fill it out.

