



S.K.S. SWAMINARAYAN TEMPLE (LONDON) – BAL YUVAK MANDAL

Westfield Lane, Kenton, Harrow, Middlesex, HA3 9EA Est. 1966 Charity Reg. No. 271034

Tel: [020 8909 9899](tel:02089099899) Fax: [020 8909 9897](tel:02089099897) Email: balmandal@sksst.org

SHIKSHAPATRI BHASHYA – SHOLKA 16

“Even in a state of excitement, one shall never mutilate any part of one’s body or that of others with a weapon or by any other means in order to punish oneself or others for any unworthy deed wither by oneself or by others”

This is getting back to the Dharma of Ahimsa, the great duty of non violence or non-injury. Often somebody may as an act of penance or as a way of nullifying sins(Prayaschit) committed, cut off or mutilate a part of their body. (e.g in a state of anger and frustration somebody may decide to cut off their hands because they may have been the cause of a great sin like murder.) In such circumstances they should perform Prayaschit as suggested by the Shastras or learned saints but never mutilate their body in this manner.

Can you name any sins why one would want to perform hinsa?

Lord Swaminarayan strictly forbids the action of mutilating oneself or others in any circumstances for it is the cause of sin and never a means of dissolving a sin. It is written that to even think of harming or hurting oneself or others or even to speak of such action is unacceptable, for the Dharma of Himsa should be obeyed in thought, speech and action always.

In Shirmat Bhagwat it is said that one who shows compassion to creatures the Lord is greatly impressed and pleased with them. Even those who perform great austerities do not derive such pleasure from God. Lord Swaminarayan gives the message that violence isn’t a means to end. It solves nothing and that other solutions to resolve situations should be sought in all cases.

When one becomes angry what happens to their punya?